**UQ Winter Research Project Description**

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| **Project title:** | **Student Stress and Coping Project** |
| **Project duration:** | 4 weeks |
| **Description:** | During their studies, students in the helping professions develop stress management habits and strategies that will be used throughout their careers. Understanding their stress responses and developing positive coping strategies as students may reduce stress, the development of secondary traumatic stress and burnout, and attrition from the profession after graduation (Enns, Eldridge, Montgomery, & Gonzalez, 2018). |
| **Expected outcomes and deliverables:** | This project will enable students to develop skills in quantitative research methodology skills, through undertaking the following tasks:   * Download and export data from Qualtrics into SPSS format, * Convert variables into SPSS readable format and add variable and value labels, * Run preliminary frequency tables for data cleaning, * Compute summary measures and run frequencies.   Students will also have the opportunity to showcase their work by a short presentation at the NMSW Research week (week of 20th July 2020). |
| **Suitable for:** | Any student from the School of Nursing, Midwifery and Social Work who is keen to gain quantitative research methodology skills who might have some skills with programs such as Excel. Training and support will be provided. |
| **Primary Supervisor:** | Robyne Le Brocque |
| **Further info:** | Robyne Le Brocque [r.lebrocque@uq.edu.au](mailto:r.lebrocque@uq.edu.au) |