**UQ NMSW 2021 Winter Research Project**

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| **Project title:** | A review of the Postpartum Models of Care available in South East Queensland. |
| **Project duration:** | 4 weeks |
| **Description:** | The postnatal period is the time up to 42 days following the birth of a baby and is foundational in adapting to parenthood (1). Queensland Health has a directory of information to support women in this period and includes two home visits from a midwife at two and four weeks post birth (2). While there is not a consensus on which health professional should visit women in his period or how many visits are best practice, Brodribb et al does report that contact with a health professional improves breastfeeding rates (3).  Recently a study reported that an increased number of visits up to two years improved health outcomes, particularly in vulnerable or disadvantaged women (4).  This review aims to conduct an audit of the postnatal services that are currently available to women of varied cultural backgrounds in the South East Queensland area. This will be done by conducting a database and library resource search assisted by a University of Queensland librarian. Grey literature will be included in this search. The student may also be required to contact local maternity health services to ascertain extent of the services provided.  Key words such as postpartum, postnatal, women, midwifery, maternal, model. |
| **Expected outcomes and deliverables:** | This project provides opportunities for a student to develop skills in the process of systematically searching a range of databases or web browsers and critically appraising the information. The findings will be collated and published as a short review. It is anticipated that the findings will also inform future research. |
| **Suitable for:** | UQ enrolled dual degree Nursing/Midwifery student in year 3/4 or Midwifery student in year 2/3.  This is a unique opportunity for students interested in the Honours programme in the application of evidence based practice.  The successful candidate will need to be able to demonstrate the ability to work independently, be comfortable with working with web based technology and be able to meet agreed deadlines. |
| **Primary Supervisor:** | Dr. Glenda Hawley, Lecturer |
| **Further info:** | Please contact the primary supervisor via email: glenda.hawley@uq.edu.aushould you wish to discuss the project in more detail. |
| **References:** | World Health Organisation (2010). WHO Technical Consultation on Postpartum and Postnatal Care [Internet]. Geneva: WHO; 2010.  1. Queensland Government. After you have your baby [Internet]. Brisbane (QLD): Queensland Health; 2018. 2. Brodribb W, Hawley G, Mitchell B, et al. Face-to-face health professional contact for postpartum women: A systematic review. Women and Birth, 2019; 33 (6), e492-e504. doi: 10.1016/j.wombi.2019.11.003 3. Goldfield S, Price A, Bryson H, et al. ‘right@home’: a randomised controlled trial of sustained nurse home visiting from pregnancy to child age 2 years, versus usual care, to improve parent care, parent responsivity and the home learning environment at 2 years. BMJ Open. 2017;7: e013307. doi:10.1136/ bmjopen-2016-013307 |